

Product & Programs

What programs does Maven offer?

Maven offers a suite of virtual care programs designed to support employees and their families across key life stages:

- **Fertility & Family Building (FFB)** — Support for all paths to parenthood, including guidance on fertility treatments (IUI, IVF), egg freezing, adoption, and surrogacy. Members get 24/7 access to providers across 35+ specialties, including fertility experts, OB-GYNs, nutritionists, and adoption and surrogacy coaches.
- **Maternity & Newborn Care** — Comprehensive support throughout pregnancy, postpartum, return to work, and the newborn stage, including continuous support from a dedicated Care Advocate and access to doulas, OB-GYNs, lactation consultants, and mental health providers.
- **Parenting & Pediatrics (P&P)** — Coaching and education from pediatric specialists including developmental psychologists, pediatricians, and speech pathologists for parents of children up to age 18.
- **Menopause & Midlife Health** — 24/7 access to providers specializing in menopause, including OB-GYNs, pelvic floor physical therapists, mental health providers, and wellness coaches, plus a dedicated Care Advocate.
- **Maven Wallet** — A flexible, compliant expense management solution integrated with Maven's care platform.

Note: Not all programs may be included in your specific Maven plan. Check your contract, or reach out to your Client Success contact to confirm which programs your employees have access to.

Does Maven cover fertility treatments like egg freezing or IVF?

Fertility & Family Building is one of Maven's core programs. Depending on your plan design, Maven provides virtual support and guidance for employees going through fertility treatments including IVF, IUI, egg freezing, and fertility preservation. Maven's clinical team offers coaching, education, and care navigation — not direct medical treatment — so employees still work with their own fertility clinic for procedures.

If your organization has Maven Wallet, employees may also be able to submit fertility-related expenses for reimbursement, depending on your plan's eligible expense list.

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Does Maven cover lactation, sleep, or postpartum support?

Yes. Maven's Maternity & Newborn Care program includes access to lactation consultants, postpartum mental health providers, and sleep coaches as part of the standard program offering. Employees can connect with these specialists 24/7 through the Maven app. Maven Milk (if included in your plan) also provides a breast milk shipping service for employees who travel for work.

What specialists and care types are available through Maven?

Maven's network spans 35+ specialties, including OB-GYNs, midwives, and doulas; fertility specialists and reproductive endocrinologists; mental health providers; lactation consultants; adoption and surrogacy coaches; nutritionists; pediatricians, developmental psychologists, and speech pathologists; pelvic floor physical therapists; and menopause specialists.

All Maven virtual visits are provided by licensed, vetted clinicians and are available to employees 24/7 through the Maven app.

Are spouses, partners, or dependents eligible for Maven?

Eligibility for spouses, partners, and dependents depends on your organization's plan design. Common configurations include employee + partners, and Medical plan enrolled only. Members can reach out to support@mavenclinic.com to confirm their eligibility.

How do I find out which programs my employees have access to?

Reach out to your Client Success contact to confirm program access and coverage.