

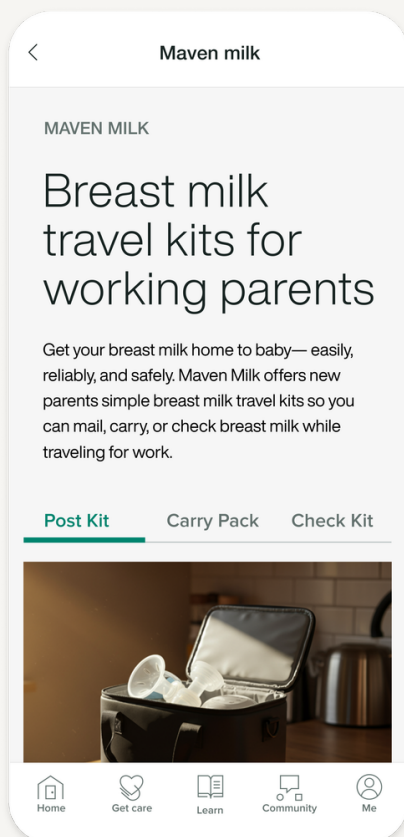
Pumping and work travel just got easier

Good news! You have **Maven Milk**, the breastfeeding shipping service that helps you travel for work and safely send breast milk back home to baby. We ship domestically and internationally, all year round.



01

Visit your Maven dashboard, and scroll to **Simple breast milk shipping and travel kits**. Then, select **Order a kit**.



02

When you're ready to book your travel (or 5 business days before your travel date), head to Maven and select the kit that feels right for you.

Your options include:

Pump & Carry Kit
for short trips, or overnight travel

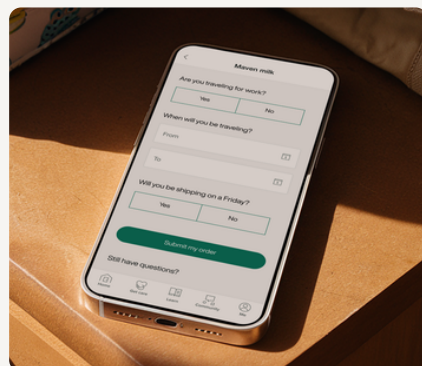
Pump & Post Kit
for longer trips, U.S. travel

Pump & Check Kit
for longer trips, international travel

03

Tap **Place an order**, and we'll ship your kit to your home or your travel accommodations. Each kit comes with helpful shipping instructions and tips for keeping your milk safe in transit.

Pro-tip: Make sure to ask if there's a fridge in your hotel room before you arrive!



Go get your travel on. **Your access to Maven Milk is fully covered.**

Join in minutes at mavenclinic.com/join/resource-hub