

End-to-end support for your return to work

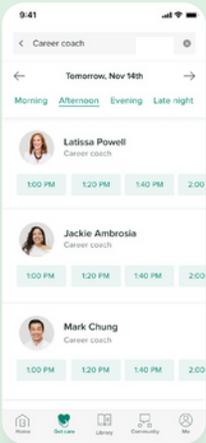
Going back to work after having a baby can feel challenging and isolating. Maven is here to make every day a little easier with expert support you can trust. That includes guidance for pumping at work, talking to your manager about your new responsibilities at home, navigating working parent guilt, and so much more.

“Because of Maven and the providers I met with, I have a plan for going back to work, and I didn’t have to figure that out on my own. It also means so much to know that if it doesn't work or if something is too hard when I do return, I can pop right back on Maven.”

—MARYELLEN, MAVEN MEMBER

Your no-cost Maven membership offers 24/7 virtual support through life's ups and downs

DEDICATED SPECIALISTS



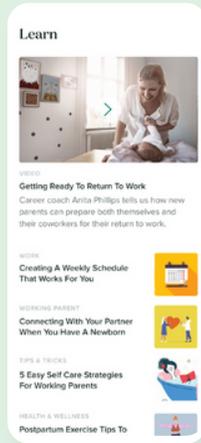
24/7 access to top providers including career coaches and mental health experts

PRIVATE COMMUNITY FORUMS



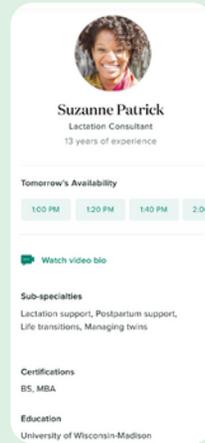
Connect with other parents going through similar challenges in safe and private forums

ARTICLES & VIDEOS



Spanning topics from navigating working parent guilt to postpartum anxiety

LACTATION SUPPORT



Develop a plan for pumping at work and maintaining your milk supply

CHILDCARE NAVIGATION



Trusted referrals to childcare options for children of any age

You and your partner's Maven memberships are fully covered by your employer or health plan. Join today by scanning the QR code, visiting mavenclinic.com/join/content, or downloading the Maven Clinic app.

