

Meet Maven's wellness providers

When you sign up for Maven, you can get expert advice and support—anytime, anywhere. Here's a look at some of the experts, coaches, and specialists available to you with your Maven membership.



Here are some of the providers you can meet with:



Ana Irazábal de Sánchez
Mental Health Provider

Maven Mental health providers can help you find actionable ways to manage stress and anxiety



Andrea Groon
Nutrition Coach

Maven Nutritionists can help you learn about mindful eating and make it a part of your routine



Hamna Siddique
Career Coach

Maven Career Coaches can help you navigate tough conversations at work



Robyn Carter
Sex Coach

Maven Sex Coaches can help you work on having open and honest conversations with partners



Bethany Netherda
Naturopathic Family Physician

Maven Naturopathic Family Physicians can help you find the right alternative medicine option for your situation

The best part? Your access to Maven is fully covered by your employer or health plan.



Scan the QR code or [click here](#) to join Maven today!

Maven offers you 24/7, on-demand access to more than 600 award-winning specialists across 30+ specialties—all from the comfort of your home.